

ABSTRACT OF THE DISCLOSURE

5 A novel method of delivering conjugated  
linoleic acid to an animal involves compounding feed or  
food for human consumption with a biologically active  
amount of conjugated linoleic acid alkyl ester (CLA-  
10 ester). The CLA-ester comprises a mixture of c9,t11-  
octadecanoic acid and t10,c12-octadecanoic acid, with  
contaminating isomers being present at an aggregate  
percentage of less than 5. Manufactured from sunflower  
or safflower oil, the CLA-esters contain less than 0.5  
percent phosphatidyl residue, so that a food grade  
product is made without special purification and  
refining steps.

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